



2010-2011

Located at Hayfield Shopping Center
 7572 Telegraph Road, Alexandria, VA 22315
 (703) 719 -9315
 www.DancensationsDanceCenter.com
 E-mail: DancensationsDanceCenter@verizon.net

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
ROOM 1													
4:00-5:00		4:00-5:00		4:00-5:00		4:30-5:15 Hip Hop I (5-7)	J					12:00-1:00 Candra's Master Class	C
5:00-7:00 Petites*	P/N	5:00-6:00 Minis*	P/M	5:00-6:00		5:15-6:00 Hip Hop I (5-7)	J						
7:00-9:00 Seniors*	P/N	6:00-7:30 Smalls*	P/N	6:00-7:30 Petites*	P/N	6:00-7:00 HipHop I(8-12)	J	6:00-7:00 Co. Hip Hop	N				
		7:30-8:30 Adv. Hip Hop	N	7:30-9:00 Seniors*	P/N	7:00-8:00 Hip HopII (8-12)	J	7:00-8:00 BoysCoHipHop	N				
						8:00-9:00 Hip Hop I (13+)	J						
ROOM 2													
4:00-5:00		5:00-6:00		4:00-5:00		4:00-5:00							
5:00-6:00 Gym Team Ballet	L	6:00-7:00 Combo II	R	5:00-6:00 Combo I	R	5:00-6:00							
6:00-7:00		7:00-8:00		6:00-7:00 Combo II	R	6:00-7:00 Teen Ballet	M						
7:00-8:00		8:00-9:00		7:00-8:00		7:00-8:00							
ROOM 3													
4:30-5:30		4:00-5:00 Ballet I	M	4:30-5:30 Jazz III	M	4:00-5:00 Leaps&TurnsIII	M			10:00-11:00 Combo I	R		
5:30-6:30		5:00-6:00 Leaps & Turns II	R	5:30-6:30 Jazz II	M	5:00-6:00 Rhy. Tap I	S			11:00-12:00 Combo II	R		
6:30-7:30 Tap/Jazz	R	6:00-7:00 Jazz I	M	6:30-7:30 Jazz V	M	6:00-7:00 Rhy. Tap II	S			12:00-1:00 Ballet I	R		
7:30-8:30		7:00-8:00 Teen Jazz/Lyrical	M	7:30-8:30 Jazz IV	M	7:00-8:00 Rhy. Tap III	S			1:00-2:00 Tap/Jazz	R		
ROOM 4													
4:30-6:00 Contemp Ballet IV	Je	4:00-5:00 Ballet II	Va	5:00-6:30		4:00-5:00							
6:00-7:00		5:00-6:30 Ballet III/IV	Va	6:30-7:30 Ballet II	Y	4:30-6:00 Ballet IV	Va						
7:00-8:30 Contemp Ballet III	Je	6:30-7:30 Pointe II/III	Va	7:30-9:00 Ballet III	Y	6:00-7:00 Ballet II	Va						
		7:30-8:30 Pointe I	Va			7:00-8:30 Ballet III	Va						
ROOM 5													
4:30-5:30		4:00-5:00		4:00-5:00		4:30-5:30							
5:30-6:30		5:00-6:00		5:00-6:00		5:30-6:30 Creative Mvmt	Ju						
6:30-7:30 Combo I	Ju	6:00-7:00		6:00-7:00		6:30-7:30 Combo I	Ju						
		7:00-8:00 Mat Pilates	Ju	7:00-8:00		7:30-8:30 Mat Pilates	Ju						
GYM													
3:30-5:00 Pink/Blue Teams*	D/L	10:15-12:15 Gym-N-Learn(3-5)	D/L	9:30-11:30 Gym-N-Learn(3-5)	D/L	11:00-12:00 Open Gym (3-6)	D/L	10:15-12:15 Gym-N-Learn(3-5)	D/L	9:00-10:00 Pregym/			
5:00-6:00 Gym I/II	V	4:45-5:45 Purple Team*	D/L	4:30-5:30 Gym I/II (5-7)	D/L	4:30-5:30 Purple Team*	D/L	4:30-6:00 Pink Team*	D/L	CreativeMvmt	Ju	3:00-5:00 Blue Team A*	D/L
6:00-7:00 Gym III	V	5:45-7:45 Pink Team*	D/L	5:30-6:30 Gym II/III	D/L	5:30-7:30 Blue Team*	D/L	5:45-7:45 Blue Team*	D/L	10:00-11:00 Gym I/II (5-7)	Ju	4:30-6:30 Blue Team B,C,D*	D/L
7:00-8:00 Gym IV/V	V			6:30-7:30 Gym IV (6-11yrs)	D/L	7:30-8:30 Open Gym(7-18)	D/L			11:00-12:00 Gym II/III	Ju		D/L
8:00-9:00 TeenTmbg/Cheernastics	V			7:30-8:30 Mom/Adult Gym	D/L					12:00-1:00 Gym I/II (5-7)	Ju		
	V									1:00-2:00 Gym IV/V	Ju		

Teachers: D-Debbie; J-Jenna; Je-Jennifer; Ju-Judith; L-Lisa; M-Mallory; N-"Neo" (Suzanne); P-Pat; R-Rachel; S-Shauna; V-Val; Va-Vadim; Y-Yuri

*By Placement Only-Showgroup, Purple, Pink and Blue Gym Teams

Pointe Classes require 1 hour of ballet C-Closed